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Research Paper

Green Fibers-Reinforced Cement Mortar with the Inclusion of Nano-CaCO₃ and Metakaolin

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Over the previous few decades, there has been a noticeable increase in interest in the use of vegetable fibers and supplemental cementitious elements in mortar and concrete. The date palm frond was utilized in this study to create date palm fibers (DPF), which were then added to the cement mortar at percentages of 1%, 2%, 3%, 4%, and 5% by cement weight. There were two types of DPFs used: one type was untreated, and the other had a mechanical treatment that created holes before applying a layer of polychloroprene (neoprene) on the surface. Metakaolin (MK) and nano calcium carbonate (nano- $CaCO_3$) were added to the cement mortar by the weight of cement. MK was replaced by 10% of the weight of cement. Besides, the nano-CaCO₃ was replaced by 1%, 2%, 3%, and 4% of the weight of cement. Mechanical tests for flowability, compressive strength, and flexural strength were conducted. In addition, one MCDM methodology called VIKOR is utilized to choose the best combination out of several combinations and criteria. The results indicate that a higher DPF concentration enhances both compressive and flexural strength. The mixtures with the DPF coating and mechanical treatment give the strongest and most significant results. In addition, the flowability of cement mortar decreases when the DPF concentration increases. In addition to the high content of nano-CaCO₃ in cement mortar, given the grater reading of strength, the presence of nano- $CaCO_3$ in cement mortar reduces the disparity in result values that have a higher DPF content. The mixtures containing 4% and 5% DPF and 3% and 4% nano-CaCO₃ are the optimal ones, according to the VIKOR technique.

Keywords: fibers reinforced cement mortar; date palm fibers (DPF); nano calcium carbonate (nano-CaCO₃), metakaolin (MK); pozzolanic materials.

1. INTRODUCTION

There has been a significant surge of interest in the incorporation of supplementary cementitious materials such as silica fume, fly ash, and metakaolin in concrete based on ordinary Portland cement (OPC) over the past few decades [1–7]. The utilization of this technology presents an effective approach to reducing the carbon footprint of concrete by minimizing the amount of ordinary OPC used. Incorporating supplementary cementitious materials (SCMs) in place of OPC offers potential benefits, including improved mechanical properties and durability [8–13]. Metakaolin, a representative supplementary cementitious material derived from controlled calcination of kaolin clay, exhibits exceptional pozzolanic reactivity [14]. Partially replacing OPC with metakaolin in concrete leads to significant improvements in the mechanical properties. This is due to the increased production of binding material, calcium silicate hydrates (C-S-H), through the pozzolanic reaction between metakaolin and calcium hydroxide (CH). Furthermore, the extensive surface area of metakaolin provides more sites for OPC hydration, enhancing the overall hydration process [15]. While ground limestone is commonly considered an inert mineral filler due to its composition, which mainly consists of calcite $(CaCO_3)$ and particle sizes similar to regular OPC [16], adding a significant amount of pulverized limestone to concrete can significantly reduce its strength due to dilution. However, incorporating a small quantity of crushed limestone can slightly increase the compressive strength of concrete, as the reactivity of limestone powders with the aluminate phases in OPC is limited [17, 18]. This reaction between aluminate phases and calcium carbonate in limestone produces and stabilizes ettringite, a hydration product with a larger volume compared to other OPC hydration products. As a result, the microstructure of the hardened concrete becomes denser, leading to higher compressive strength. Antoni et al. demonstrated that leveraging the synergistic effects between ground limestone and metakaolin can further improve the properties of metakaolin-blended cement-based concrete [19–22]. The inclusion of $CaCO_3$ can influence the distribution of lime, alumina, and sulfate within the concrete, thereby altering the mineralogy of the hydrated cement pastes [23, 24].

According to research by BALASUBRAMANIAN and SELVAN [25], the utilization of natural vegetable fibers in cement composites offers various advantages compared to fiberglass-reinforced components. These advantages include a 10% reduction in weight, an 80% reduction in energy consumption during production, and a 5% reduction in component costs. However, incorporating natural vegetable fibers into concrete has also been associated with certain disadvantages.

In 2018, ÇOMAK *et al.* [26], determined that cement mortars reinforced with 2-3% amount and 12 mm length of natural hemp fiber give the optimum results, improving significantly performance in compressive strength, flexural strength, and splitting tensile strength. Besides, the effect of hemp fibers on the flow of fresh concrete is almost negligible.

Most natural vegetable fibers have a high water absorption capacity, which can lead to poor workability in fresh concrete and degradation in alkaline environments. Consequently, these factors can negatively affect desirable properties such as tensile strength and bond strength [27–33]. Nevertheless, researchers have proposed various treatments for these fibers, showing the potential to overcome these drawbacks [34–39]. Additionally, it has been argued that the high water absorption of natural vegetable fibers can be advantageous for the internal curing of the composite [40]. According to research by LERTWATTANARUK and SUNTIJITTO [41], the use of natural vegetable fiber-reinforced cement composites instead of asbestos cement composites offers significant advantages in terms of non-toxicity. This substitution eliminates the risks associated with human exposure to diseases such as asbestosis, cancer, malignant pleural disease, and tumors. In response to these health concerns, several countries have implemented legislation against the use of asbestos [42]. The study also emphasizes that the process of obtaining natural vegetable fibers is environmentally sustainable and free from pollution. Furthermore, since these fibers are widely available worldwide, they can be locally enhanced to suit specific climate requirements, reducing the need for material imports [43].

The aim of this work is to effectively create a sustainable cement mortar employing natural fibers (DPF). The research also emphasizes the use of modified and treated palm fronds. Furthermore, metakaolin was substituted by cement weight, and the pozzolanic material, represented bynano-CaCO₃, was used. The mechanical characteristics (compressive strength and flexural strength) of cement mortar reinforced with green fibers were investigated.

2. Experimental work

2.1. Materials

Samples were prepared using a general-purpose cement-OPC, manufactured by Tasluga/Iraq. The chemical and physical analyses of the OPC are shown in Tables 1 and 2. Sample preparation process was conducted following ASTM C150 [44]. The fine aggregate (sand) used in this study was sourced from the Al-Akhdar Region in Karbala. Furthermore, the sieve analysis of the fine aggregate was conducted in accordance with ASTM C33 [45] and is presented in Table 3. MK was supplied from the Dwekhla region of Iraq, and Table 4 shows the composition of MK. Nano-CaCO₃ is added to the mixture as an additional ingredient in powder form, replacing the weight of cement with particles approximately 10–45 nm in size. The physical characteristics of nano-CaCO₃ are shown in Table 5.

Composition	Content [%]	Specification ASTM C150 [44]
CaO	64.0	_
SiO2	21.0	_
Al ₂ O ₃	5.00	_
Fe ₂ O ₃	2.60	_
MgO	2.22	<6%
SO ₃	2.38	<3%
L.O.I.	3.25	<3%
Insoluble residue	1.1	$\leq 0.75\%$
Lime saturation factor, L.S.F.	0.95	0.66–1.02
Main comp	ounds (Bogue'	s equations)
C ₃ S	57.50	_
C ₂ S	14.30	_
C ₃ A	8.70	_
C ₄ AF	10.80	_

 Table 1. Chemical properties of Portland cement.

 Table 2. Physical properties of Portland cement.

Physical properties									
Test	Results	ASTM C150 [44]							
Initial setting time [min]	$119 \\ 295$	Not less than 45 min Not more than 375 min							
Fineness (Blaine) $[m^2/kg]$	485	Min. 280 m^2/kg							
Compressive strength of 50 mm cubic mortar specimen [MPa]									
3 days	22.5	Min. 12 MPa							
$7 \mathrm{~days}$	25.0	Min. 19 MPa							

 ${\bf Table \ 3.} \ {\rm Sieve \ analysis \ of \ sand.}$

Sieve size [mm]	Passing [%]	Passing [%], ASTM C33 [45]
4.75	93	90-100
2.36	86	85-100
1.18	82	75–100
0.60	70	60-79
0.30	30	12-40
0.15	7	0-10

Compound	Percentage by mass				
SiO_2	52 - 53				
Al2O ₃	42-43				
CaO	0.02 – 0.1				
Fe_2O_3	0.5–1 0–1.0				
MgO					
SO_3	0-0.1				
Na ₂ O	0 - 0.05				
K ₂ O	0.4–1.5				

Table 4. Composition of MK.

Table 5. Physical properties of nano-CaCO₃.

Properties	Values		
Morphology	Cubic or hexagonal		
Color	White		
pH	Not applicable		
Bulk density [g/mL]	0.68		
True density [g/cm ³]	2.9		
Specific surface area [g/m ²]	30–60		
Average particle size [nm]	1045 nm		
Purity [%]	97		
Melting point	825		
Boiling point [°C]	Decomposes		
Molecular weight [g/mol]	100.09		

2.2. Preparation of palm frond fibers

DPFs are used as natural fibers sourced from palm trees. The properties of DPF are shown in Table 6. The frond palm is cut into many sizes, about 8–18 mm in length. The DPF was used in two ways: the first without any treatment of

Properties	Values
Tensile strength [MPa]	280 ± 60
Density [g/cm ³]	0.25 - 1.1
Length [mm]	8-18
Diameter [µm]	100-800

Table 6. Properties of DPF.

the DPF, and the second included a mechanical treatment where voids or holes were created in the DPF. The resulting fibers were placed in an oven at 80°C for 48 hours. Figure 1 demonstrates the mechanism of bonding between DPF and cement mortar.



FIG. 1. The mechanism of bonding between DPF and cement mortar.

The DPF was coated or surface-treated with polychloroprene (neoprene), applied to the DPF surface as shown in Fig. 2. This rubber has a good balance of mechanical properties and fatigue resistance, which is second only to that of natural rubber but has superior oil, chemical, and heat resistance. Polychloroprene



FIG. 2. The DPF perforated and coated surface by polychloroprene (neoprene).

exhibits excellent resistance to heat, ozone, weathering, and chemicals, making it highly durable. It also maintains flexibility over a wide temperature range, including both low and high temperatures. These properties make polychloroprene well-suited for various industrial and commercial applications. Neoprene is commonly used in the production of protective coatings, adhesives, gaskets, seals, and various types of rubber products. It is a popular choice in various industries due to its durability, flexibility, and chemical resistance, making it a preferred material in the production of wetsuits, gloves, and other items requiring water and abrasion resistance.

2.3. Mixing and preparation of specimens

The mix proportion was 1:1, 0.45 (cement: sand, w/c = 0.45). Different fiber contents were added to the mortar mix. The DPF content was set at 1%, 2%, 3%, 4%, and 5% by weight of cement, as shown in Table 7. Cube molds of $50 \times 50 \times 50$ mm were cast for compressive strength testing in accordance with ASTM C109 [46]. Flexural strength tests were performed on $40 \times 40 \times 160$ mm beams subjected to the three-point flexural test in accordance with ASTM C348 [47]. A flow table test was performed to assess the workability of the mortar according to ASTM 1437 [48]. According to ASTM C192 [49], the specimen was stripped after 24 hours of casting and immersed in normal water at a limiting temperature of roughly $23 \pm 2^{\circ}$ C.

3. Results and discussion

3.1. Flowability

The flowability of cement mortar reinforced by DPF, including MK and different contents of nano-CaCO₃ is assessed. The results of cement mortar reinforced with DPF are presented in Table 8. The control mix (M0) without DPF, MK, and nano-CaCO₃ revealed a flow value of 150%. Generally, the results exhibit a reduction in flowability with an increase in DPF content. This is attributed to the fact that the cement mortar matrix contained DPF that was dispersed randomly, worked as a skeleton, and finally hindered the flow of the cement mortar mixture [50–53]. Figure 3 shows the relationship between DPF content and flowability.

The lowest value of flow was 117% for mix M10 compared to the control mix. Alongside, it can be observed that the mixes containing coated DPF show higher flowability compared to the same mixes containing uncoated DPF. This is attributed to the smoother surface of DPF coated with neoprene, resulting in reduced friction with the cement mortar matrix. Additionally, nano-CaCO₃ and MK have an effect on flowability, which is contributed to higher surface

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specimens Total no. of test 2521212 12 121212 12 1212 12 121212 1212 121212121212 Specimen no. of flexural days 28 days strength က က က က က က က က က က က က က က \mathfrak{r} က က က က က က ^a DPF added by weight of cement, ^b MK replaced by weight of cement, ^c Nano-CaCO₃ replaced by weight of cement. က ŝ 1-Specimen no. of compressive 28 daysstrength က 7 days က Nano-CaCO₃^c 8 0 0 2 က 4 0 -2 က 4 0 -2 က 4 0 2 က 4 _ - MK^b % 10 10 10 10 1010 10 10 10 10 10 101010 10 10 10 101010 0 DPF^a 8 0 S 2 4 S 2 က S 2 က S 2 4 -က -4 -4 -က (cement:sand, proportions w/c = 0.45)1:1, 0.45Mix **M10** M11 M12M13M14**M15** M16M17 M18 M19 M20 M_2 M5M6M8M9MO M M3M4M7Mechanical Mechanical treatment treatment treatment treatment Without Without Total no. of specimens Mixes Control mix by polychloroprene (neoprene) Uncoated Coated

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Flowability [%]		150	148	143	133	125	120	145	140	138	126	117	150	145	138	130	125	145	142	136	127	120	
xural ength [Pa]	$28 \mathrm{~days}$	9	7.4	×	8.4	8.4	8.2	7.6	8.6	6	8.9	6	×	8.5	9.1	9.2	9.4	8.4	8.9	9.3	9.6	10	ent.
Fle stre [N	$7 \mathrm{~days}$	4.5	5.6	9	6.3	6.3	6.2	5.7	6.5	6.8	6.6	6.6	9	6.3	6.8	6.6	7.1	6.3	6.6	6.8	7.1	7.6	of ceme
ressive ngth [Pa]	$28 \mathrm{~days}$	32	37	40	42	42	41	38	43	45	44	44	40	42	45	44	47	42	44	45	47	50	y weight
Comp stre [M	$7 \mathrm{~days}$	24	28	30	31	31	30	28	32	33	33	33	30	31	33	33	35	31	33	33	35	37	laced by
Nano-CaCO ₃ ° [%]	,	0	0	1	2	co	4	0	1	2	3	4	0	1	2	3	4	0	1	2	33	4	Nano-CaCO ₃ rep
MK^{b}	- -	0	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	nent, ^c]
DPF^a	,	0	1	2	c,	4	ų	1	2	°	4	5	1	2	°	4	5	1	2	°	4	5	ght of cer
Mix proportions	1	w/c = 0.45										replaced by weig											
		M0	M1	M2	M3	M4	M5	M6	M7	$\mathbf{M8}$	M9	M10	M11	M12	M13	M14	M15	M16	M17	M18	M19	M20	^b MK
ş	ix		Without	treatment				Mechanical	treatment				Without	treatment				Mechanical	treatment			ht of cement,	
Mixes		Control mi					Uncoated	1								Coated	by polychloroprene	(neoprene)					^a DPF added by weigh

 Table 8. Results of the tests.

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FIG. 3. Effect of DPF content on the flowability of cement mortar.

areas and finer particle sizes. Nanomaterials tend to absorb more water [54, 55], further increasing the cohesiveness of the cement mortar.

3.2. Compressive strength

The compressive strength of cement mortar reinforced by DPF with different volume fractions of fibers and inclusion of MK and nano-CaCO₃ is presented in Table 8.

Figure 4 shows the effect of DPF on the compressive strength of cement mortar. It can be observed that the compressive strength is significantly influenced by the addition of DPF. The compressive strength increases with the rising content of DPF, and this increasing is attributed to the uniform distribution of DPF in the cement matrix [56, 57].

In Fig. 5, the mixes with perforated DPF exhibit significant results compared to others mixes. The highest increase in compressive strength is observed in mixes M19 and M20, containing 4% and 5% mechanically treated and coated DPF. Additionally, it can be observed the mixes with MK and high nano-CaCO₃ content show higher compressive strength. This is attributed to the increased contribution of hydration products, leading to increased compressive strength due to nano-CaCO₃, which in turn accelerates the C3A's reaction rate to produce carbon-aluminate [58–60].



FIG. 4. Relationship between DPF content and compressive strength.



FIG. 5. Relative compressive strength of DPF reinforced cement mortar content.

3.3. Flexural strength

The flexural strength of cement mortar reinforced by DPF with different volume fractions of fibers and the inclusion of MK and nano-CaCO₃ are presented in Table 8.

Figure 6 shows the impact of DPF on the flexural strength of cement mortar. Flexural may be seen to have a major impact when the DPF is included. An in-



FIG. 6. Relationship between the flexural strength and DPF content.

crease in DPF concentration corresponds to an increase in flexural strength, attributed to the consistent distribution of DPF in the cement matrix [56, 57].

When compared to other mixtures, the mixes with perforated DPF exhibit interesting results. Figure 7 illustrates the increased flexural strength, partic-



FIG. 7. Relative flexural strength of DPF-reinforced cement mortar content.

ularly notable in mixes M19 and M20, containing 4% and 5% mechanically treated and coated DPF. In addition, it is observed that mixes with high nano-CaCO₃ and MK content exhibit higher flexural strengths. This can be attributed to increased contributions from hydration products, which in turn boost strength due to nano-CaCO₃, which accelerates the rate at which C3A reacts to produce carbon-aluminate [58–62]. Figure 8 illustrates the mechanism of the bonding between the fibers and mortar, where the interlock between the mortar and the perforated DPF is apparent, showing the failure mode after applying flexural strength.



FIG. 8. Mechanism of bonding between the DPF and cement mortar (a), and the failure mode after applying flexural strength (b).

3.4. Vlsekriterijumska Optimizacija I Kompromisno Resenje (VIKOR)

One of the multiple criteria decision making (MCDM) techniques is VIKOR (in English: *Multicriteria Optimization and Compromise Solution*) that evaluates options based on their proximity to the best possible solution and distance from the worst possible solution or negative ideal solution. The VIKOR technique involves multicriteria optimization of complex systems, with an emphasis on choosing and prioritizing options from a range of options when competing criteria are present. VIKOR determines a multicriteria raking index based on a specific measure of distance of each option to the optimal solution [63–65].

In this research, VIKOR was employed to find the optimal combination among various mixtures and criteria, considering factors such as needed strength, DPF fibers, and flowability. Conversely, the objective was to minimize the cost, density, certain fiber types, and cement content. Two types of criteria were considered: non-beneficial (minimum values are selected) and beneficial (maximum values that meet requirements are desired) [66–70]. The mathematical steps of VIKOR are outlined below:

Step 1: Find the best and worst values:

$$x_i^+ = \max x_{ij},$$
$$x_i^- = \min x_{ij},$$

where i = 1, 2, 3, ..., m; j = 1, 2, 3, ..., n.

Step 2: Normalization of S_j and R_j :

$$S_{j} = \sum \left[\frac{w_{i}(x_{i}^{+} - x_{ij})}{x_{i}^{+} - x_{i}^{-}} \right],$$
$$R_{j} = \max \left[\frac{w_{i}(x_{i}^{+} - x_{ij})}{x_{i}^{+} - x_{i}^{-}} \right],$$

where w_i is the weight of each criteria.

Step 3: Computation of Q_j :

$$Q_j = \frac{v(S_j - S^+)}{S_i^+ - S_i^-} + (1 - v) \left(\frac{R_j - R^+}{R^- - R^+}\right),$$

where the value of v is usually equal to 0.5.

Step 4: Sort the values of Q_j so that the lowest value, which represents a compromise, is the best option. This implies that a Q_j rating value can be positioned higher the lower it is.

According to the results in Table 8, the candidate results are shown in Table 9, determining the best and worst values along with assigned weights for each criterion.

Weight	0.15	0.15	0.25 0.25		0.2		
Mix no.	DPF	Nano-CaCO ₃	Compressive strength Flexural strength		Flowability		
M0	0	0	32	6	150		
M1	1	0	37	7.4	148		
M2	2	1	40	8	143		
M3	3	2	42	8.4	133		
M4	4	3	42	8.4	125		
M5	5	4	41	8.2	120		
M6	1	0	38	7.6	145		
M7	2	1	43	8.6	140		
M8	3	2	45	9	138		
M9	4	3	44	8.9	126		
M10	5	4	44	9	117		
M11	1	0	40	8	150		
M12	2	1	42	8.5	145		
M13	3	2	45	9.1	138		
M14	4	3	44	9.2	130		
M15	5	4	47	9.4	125		
M16	1	0	42	8.4	145		
M17	2	1	44	8.9	142		
M18	3	2	45	9.3	136		
M19	4	3	47	9.6	127		
M20	5	4	50	10	120		
Best+	5	4	50	10	117		
Worst-	0	0	32	6	150		

Table 9. Candidate results.

Calculating S_j , R_j and Q_j and ranking the alternatives to obtain the optimal mixes are shown in Table 10.

The outcomes displayed in Table 10 are derived using the VIKOR method computation, where mix M20, which has the lowest score of 0, is ranked as the top option. Moreover, mix M15 is placed second.

4. Conclusion

According to the test results, several conclusions ca be drawn:

1) Cement mortar's flowability decreases when DPF content rises. Additionally, mechanical treatment of DPF resulted in the lowest flowability rating.

Mix no.	S_j	R_{j}	Q_j	Rank of mixes
M0	0.85	0.2	1	21
M1	0.685354	0.15	0.767424	20
M2	0.531793	0.118182	0.590255	15
M3	0.376616	0.088889	0.418896	12
M4	0.272753	0.088889	0.356803	8
M5	0.203636	0.1	0.345294	7
M6	0.650606	0.15	0.746651	19
M7	0.454823	0.1125	0.528997	14
M8	0.33601	0.095455	0.412236	11
M9	0.230076	0.066667	0.27167	5
M10	0.116667	0.066667	0.203871	4
M11	0.631111	0.15	0.734996	18
M12	0.493662	0.127273	0.59185	16
M13	0.33101	0.095455	0.409246	10
M14	0.233258	0.066667	0.273572	6
M15	0.099697	0.036364	0.112425	2
M16	0.566162	0.15	0.696168	17
M17	0.437803	0.113636	0.521871	13
M18	0.311919	0.086364	0.373443	9
M19	0.166288	0.045455	0.176625	3
M20	0.013636	0.013636	0	1
S+, R+	0.013636	0.013636		
S-, R-	0.85	0.2		

Table 10. Determining S_j , R_j and Q_j .

- 2) The compressive and flexural strengths are enhanced for mixtures with higher DPF concentrations. Given the significant results as compared to the control mix and other mixes, the mixes that employed mechanical DPF treatment were particularly noteworthy.
- 3) The addition of polychloroprene (neoprene)-coated DPF leads to a substantial increase in compressive and flexural strengths, with Mix M20 (containing approximately 5% DPF) showing an improvement of around 56% and 66%, respectively, compared to the control mix.
- 4) High nano-CaCO₃ content in cement mortar contributes to increased strength readings. The presence of nano-CaCO₃ helps reduce the variations in result values associated with higher DPF content.
- 5) According to the VIKOR technique, the mixtures containing 4% and 5% DPF, along with 3% and 4% nano-CaCO₃, are the optimal choices.

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